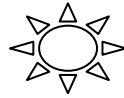


Cedar Lane Unitarian Universalist Church

Cedar Lane Weekly ENews

September 11, 2009

Volume 1, Issue 3



The links below allow quick access to stories in the newsletter. Just let your mouse hover over the topic you want to learn more about and press the control key and click at the same time.

**[This Sunday's Service](#) [Upcoming Services](#) [Future Forums](#)
[From the Ministers](#) [We Care](#) [Director of Music](#)
[Education for all ages](#) [Around the Church](#) [Missing Time?](#)
[Alternative Giving](#) [Driver needed for Martha's Table](#) [Tutors needed](#)
[Web Conference](#) [Breakthrough Task Force](#) [Social Justice Greentip](#)
[Celebration of Life](#) [Kiplinger](#) [Beyond the Church](#) [Inner Dancer](#)
[Health Care Action](#) [Week at a Glance](#)**

This Sunday Service



Remember to bring water!

**September 13, 2009
at 9 and 11 a.m**

Services

"This Place Has Been Waiting for Us"

Revs. Susan Archer, Roger Fritts, Heather Janules, and Archene Turner

This morning we will re-gather for our new congregational year! It is a time for all of us to come and worship together, for children and adults of all ages to join in a celebration of our hopes for our Cedar Lane community and of our love for one another. Don't forget to bring back water from your summer adventures, whether from afar or your backyard! The drops we bring will join with those of others, symbolizing once again the re-creation of our faith community. The service will be less than an hour and will include song and story.

There will be a **50/50 Collection - "No More Deaths"** Cedar Lane will share our offering with an organization whose mission is to end death and suffering on the U.S./Mexico border. Since 1998, more than 2,000 men, women, and children have died trying to cross the U.S./Mexico border. "No More Deaths", using volunteers and summer interns, delivers water

and provides emergency medical care to people in serious trouble. The organization has recently become a ministry of the Unitarian Church of Tucson. It is particularly appropriate that we support "life-saving" water on the day of our annual in-gathering, water communion service.

It is with great pleasure that we announce the kick-off of "**Concerts at Cedar Lane**" for 2009-10. You will notice our brightly designed posters strategically placed throughout the building. Please stop by our table in the lounge after Sunday's services and pick up a flyer. You may learn more about "Concerts at Cedar Lane" on our web page (go to the CLUUC web site and click on "Concerts at Cedar Lane" under Music Program).

International Concerns Coalition (formerly Global Task Force) will be in the lounge today soliciting nominations that meet specific international criteria for this year's Alternative Giving Program.

IN THE LOUNGE after the services will be Alliance Books, Concerts at Cedar Lane, the Environmental Task Force, International Concerns Coalition, Social Justice Council Lounge Lizards, UU Book Store- Beacon Press and Skinner House books. We will serve fair trade coffee and tea.

There will be **Childcare for Babies-Kindergartners** in Room 9, downstairs, with Liz Silva and teen helpers. Thank you Liz, Vanessa Steck, and many teen helpers for caring for our youngest Sunday morning participants during the summer!

Volunteers for the Service

Greeters: 9 a.m.: Marion Carlson 11 a.m.: Maurine and Paul Mink

Ushers: 9 a.m.: Kay Bugenhagen, Tod Chernikoff, Gail Riley, and Bob Harrison
11 a.m.: Cathy Knapper, Betsy Wilhelm, John Gubbings, and Cedric Powell

Coffee Servers: 9 a.m.: Emily Holdenried 11 a.m.: Kate Curtis

Audio: Warren Thompson

Board Member at the Desk: 10 a.m.: Jim Laurensen 12 p.m.: Val Carter

The flowers in the Sanctuary are given by Betty Parris in loving memory of her daughter, Barbara, who would have been 56 years old yesterday, September 12. The flowers are arranged by Cindy Meredith

Music Notes: The Choir is back from its summer recess. Our Call to Worship is an original work by John Huston who was for many years the Organist and Choir Director at Highland Park Methodist Church in New York City. ***O Be Joyful in the Lord*** is Huston's vigorous treatment of Psalm 100. It presents the organ and choir in full voice and extends an uplifting welcome to us all.

The offeratory was written by Clif Harden. Clif Hardin is the Director of Music at River Road UUC and an accomplished composer who has written numerous works for worship. ***Sweet Vale of Avoca*** is a charming Irish folk song with a text by Thomas Moore. The poetry speaks of a vale where bright waters meet, and that our hearts, just like many waters, can mingle in peace. Jason Shelton is Director of Music at First UU Church in Nashville, TN. His compositions have gained popularity among UU musicians throughout the country. ***All Lifted Hearts*** is the third movement of Shelton's *Unitarian Universalist Cantata* and sites "wisdom from the world's religions which inspires us in our ethical and spiritual life." The work is set for cantor, congregation, and choir, with narration. In the final measures the Choir will be heard chanting the word "peace" in various languages: Hindi, Hebrew, Kurdish, Arabic, Japanese, Cherokee, Latin, Esperanto, Russian and English.

Sunday's forum: *Friends of Chernobyl Center U.S.* Cedar Lane's Don Cleary will describe the work of **FOCCUS**, an organization that has brought relief to Chernobyl victims, and now fosters the development of communities in Ukraine. **The Sunday morning forum** meets 10:10 - 10:55 a.m. in the Chalice House. Coffee is served

Upcoming Sunday Services at 9 and 11 a.m.

September 20, 2009

“Ela Bhatt’s Questions”

The Rev. Ken MacLean, Minister Emeritus

We will explore questions posed by Ela Bhatt in her commencement address at the Harvard Kennedy School. Ken MacLean served as senior minister at Cedar Lane from 1972 to 1992.

Religious Education begins.

September 27, 2009

“Rethinking Our Lives”

Rev. Roger Fritts

Yom Kippur begins at sundown on September 27 and ends at nightfall on September 28. It is a time for taking stock and introspection. The sermon will be a reaction to an essay called, “The Joy of Less” by Pico Iyer.

October 4, 2009

“A Little Bit of Toothpaste is Always Left in the Tube: a Conversation with Shabaka WaQlimi

Rev. Roger Fritts

Several of you have asked me to follow up on an excellent sermon about the death penalty by Pam Gehrke, who served as our Intern Minister in 2008-2009. Thanks to the work of Karen Lerner, on October 4, I will have a conversation with a man who spent thirteen years, 1974 to 1987, on Death Row for a crime he did not commit. Shabaka writes, “No matter how old or wrinkled the toothpaste tube becomes, if you squeeze it just right, something will come out every time. That is all you needed, just that much, to survive each day.”

Future Forums

The Sunday morning forum meets 10:10 - 10:55 a.m. in the Chalice House. Coffee is served.

September 20: *The Future of Journalism*, with Charlie Firestone, Executive Director, Communication and Society Program of the Aspen Institute. Newspapers set the bar for serious journalism and set the agenda for local news. Will their decline of revenue over the past few years signal an end to journalism as we know it? What new forms of journalism can we expect in the years ahead?

September 27: *Storm Water Management* with Diane Cameron, Audubon Naturalist Society's Conservation Program Director. Learn about the connections between water and sewer infrastructure; specifically, the connections between citizen actions for clean drinking water

and reducing Chesapeake Bay pollution, sustainable landscapes, rain gardens, and planting trees and native plants.

Notes from the Ministers

Roger Fritts

The disrespect shown by congressman Joe Wilson to the President during Mr. Obama's speech September 9, disturbed me. I am tempted to write an angry column condemning such rudeness and incivility. Wilson shouted to the President "You lie!" People do lie, but it is my impression politicians most often believe what they are saying. I think, for example, President George W. Bush sincerely believed weapons of mass destruction existed in Iraq. I would not call President Bush a liar. Rather, because of his need to prove himself to his father, he could not think clearly. This is one of my basic beliefs about human nature. I believe that very few persons want to harm humankind. Therefore, most government leaders are sincerely trying to improve the life of the people. They differ only in how they think they can achieve this improvement, and in what or whom they are willing to sacrifice to achieve it.

President Obama believes that (given the strong feelings, the vested interests and the fear of change that exists in this country) his complex package of health insurance reforms are the best he can do to improve the lives of the American people.

In the same way, Joe Wilson believed that by shouting "You lie" during the president's speech, he was doing the American people a favor. At the time he shouted, he believed his verbal attack on the president was in our best interest. This is abhorrent to me, but true, nonetheless.

I have a religious belief in the inherent worth and dignity of every person. So I believe that I should treat Joe Wilson with dignity, in spite of his rude behavior.

Following my religious beliefs is not always easy.

Susan Archer

An Outdoor Classroom and Fire Pit?

What in the world is this new addition to the Cedar Lane landscape?

Perhaps you have seen this new structure out near the playground.

It was the brainchild and contribution of Hadrien Haber-Sage, who offered it to us as part of his Eagle Scout project. It was in part in response to my wish to have a spot outside where we could build a small campfire, for providing another venue of shared experiences for our children and youth: a fire to warm us on a very cold Sunday morning, an evening campfire time of sharing and worship for our youth, a place for roasting marshmallows and singing together.

Hadrien's project is a gift not only for fire. The way he has built this also makes it - when the removable metal fire holder is stored away - a place for special outdoor classroom experience. We will be placing a small metal table in the middle so a chalice and other focus objects can be placed there.

We thank Hadrien and his family (some of whom have been seen knee deep in rain water digging in a race to help complete the project before Hadrien went off to college) and some of his troop who also assisted.

Hadrien also had to meet with me, our Board, Grounds Committee and Building and Grounds Manager. He and his dad (John Haber) also conferred with local fire officials, park officials, and checked out county environmental regulations. Hadrien created the design which included appropriate drainage features.

We are proud of Hadrien and thankful for his gift. The removable fire holder has been funded from our Luke Fund, in memory of Luke Carter-Schelp. We understand from Luke's mom that this kind of project would have been one that Luke would have loved. We expect that many of us will enjoy it in the months and years to come.

I am so grateful for the amazing people of Cedar Lane.
So many give time and talent to make this a special place and to create a better world beyond these walls and grounds. Can't wait to see all of you as this year begins!
With affection, Susan

We Care

The We Care program is a network led by volunteers who reach out to address short-term needs - food deliveries, rides to doctor's appointments, a listening ear in the event of a loss. The Cedar Lane congregation is organized geographically by "neighborhoods"; each neighborhood has at least one chairperson to coordinate support. Look at your nametag or the map in the church office to find your neighborhood.

Our deepest condolences are with **Eleanor Melville (N9)** as she mourns the passing of her son Bob, who died from lung cancer. (Eleanor just lost her daughter Emily to the disease a month before.) Community well-wishes are helpful and appreciated in this very sad time.

Good news from **Wayne and Dottie Mara (N1)**! They write: "We welcomed our first grandchild into the world on August 9th. Colin Matthew Mara, [was born] in Columbus, OH. Baby and proud parents (and grandparents) are doing well."

Our love and care are with **John and Linda Daniel (N1)** as Linda's brother, Earle Osburne, died on the morning of September 10 after battling pneumonia. Services were held that weekend.

It is with sadness that we share the news that long-time Cedar Lane member and civil rights leader **Martha "Tommy" Miller (N99)** has died after a lengthy decline. A Service in Celebration of Her Life will be held on September 19 at 4 p.m. All are welcome.

Healing wishes are with **Bruce Douglas (N8)** as he recovers from a stroke at the Hebrew Home in Rockville.

Our hearts go out to **Susan, Rich, Katy and Ed Clark (N23)** as they mourn the death of Susan's brother, Scot, who died on September 3.

We congratulate **Tama Yarina (N16)** as she has been hired for a dream job in Azerbaijan yet regret that she will be moving away from the Cedar Lane community. Good luck...and come back soon!

We send our love and care to **Mary Farrar, Martin Franke** and their children **Lucas and Madeline (N27)** as they mourn the sudden death of Martin's father.

Cedar Lane has learned that **Mia Moore (N99)** died on September 3 from acute leukemia. Mia and her husband Tom were once very active at Cedar Lane with Tom making many contributions to our music program. A memorial service will be held at St Ignatius church in Baltimore on November 7 at 1:15 p.m.

Should you know of a member of our community in personal need, you are encouraged to reach out to them. If you learn that this person wishes to receive a response from the church, please contact Heather Janules at x204 or hjanules@cedarlane.org. All ministers offer pastoral care to our members so you are also encouraged to contact any member of the ministerial team.

Music Notes from the Director of Music

It is with great pleasure that we announce the kick-off of "**Concerts at Cedar Lane**" for 2009-10. Scottish singer **Katrine Anderson** will appear with her band on Sunday afternoon, Oct. 11 at 4 p.m. **Steve Jones** will perform piano with a jazz trio on Saturday evening, November 7.

Barbara Wing will join Henry Sgrecci, the Choir and Chamber Orchestra to perform Mozart on Saturday evening, January 16, 2010. On Saturday evening, April 17, 2010 the season will close with Washington's newest group, **The Snark Ensemble**, accompanying silent movies with its special brand of live music. All performances will be free and open to the public but Good Will Donations are encouraged to help support the honorariums for our artists. You may learn more about "Concerts at Cedar Lane" through our promotional materials (look for posters throughout the church), from our web page (go to the CLUUC web site and click on "Concerts at Cedar Lane" under Music Program), and by picking up a concert flyer at our table in the lounge after Sunday services. We are very pleased to be presenting wonderful, varied entertainment of high artistry and we invite you to come out in support of the performances.

There is a ground swell of interest in the **Ad Hoc Choir**. Please accept our invitation to participate in this "user friendly" singing group for all ages. Beginning in October, this choir will meet on the first Sunday of the month in the Chapel following the second Sunday service. We will help you become comfortable with your voice and with singing in a group by singing easier songs and learning songs from "Singing the Journey." Do come and join us!

Children's Choir, Youth Choir, Handbell Choirs begin on Thursday, Sept 24

Children's Choir - 6-6:30 p.m. (1st - 4th grade)

Youth Choir - 6:30-7:15 p.m. (5th grade and up)

Youth Handbell Choir - 7:15-8 p.m. (5th grade and up)

Intergenerational Handbell Choir - 8-9:15 p.m. (7th grade to adult)

Sunday Worship

On September 20 we will sing two of Ken MacLean's favorite hymns; "O Star of Truth Down Shining" and "This Is My Song" (Finlandia). The Choir will offer *Sing and Dance* by local UU composer Thomas Benjamin and Ernest Bloch's *Silent Devotion and Response* in celebration of Rosh Hashana. Our special guest will be Katrine Anderson who will sing the Offertory. Ms. Anderson and her band will headline Concerts at Cedar Lane on Sunday, October 11 at 4 PM. On September 27 we will celebrate the Yom Kippur holy days by singing the hymns "O Hear, My People" and "Praise to the Living God." The Choir will offer *Flowering Almond Tree* and *Halleluya, Praise The Lord, Amen*.

Education for All Ages

Religious Education Notes: We Are Ready to Launch!

September 20 is the big day. It is a huge job to get ready for our Sunday programs for children and youth. Our teachers and teen assistants, our friendly volunteer administrators, and our MRE and RE Administrators will be ready and waiting for babies to teens, even while our Senior High Youth Group will be on retreat at Camp Tockwogh! It will be wonderful to be together once again! Many teachers and teen assistants gathered at our Teacher Orientation on September 12 to gear up for the time ahead, even as scrubbers and toy washers whirlwinded through our many classrooms. Our thanks go to so many volunteers—parents, non parents, and teens! Many of our RE Council members likewise have been working not only to organize all of this, but also on many of the administrative, nuts and bolts aspects of the program. We also want to add a very special word of gratitude to Gale Luce and Jeannette Wilson, our RE Administrators. Their hours have been long and their graciousness in the face of literally piles of tasks, unshakable.



Registration

Send those registrations in! Thank you to the many families who have not only registered their children, but have also turned in all the necessary paperwork! You get gold stars! We have two requests for all the other families out there. . . The first is to those families who have let us know their child(ren) **will** be attending, but have not sent in any of the paperwork. Please get them in! We especially need to let teachers know of any health issues, but also need the other forms. The second request is to those families out there who **haven't yet registered**. Please, please let us know, before Sept 20, that your children will be attending, and which class and session! The morning goes much more smoothly when everyone is on the roster. But, WE STILL NEED THE FORMS The forms can be brought with you the first day of class. Looking forward to seeing everyone on the 20th! It'll be a great day! (RE@cedarlane.org)

Open Houses for Parents—Something New this Year!

This year the RE Council will be working with teachers to provide open house opportunities during class time, for parents to visit, participate in a class, get to know the teachers, receive curriculum handouts, and for families to get to know one another. These will be during class time. Simple, light refreshments will be served. Not all classes will participate, as some have already built a similar event into their schedule—so don't be concerned if your child's class is not listed below! Relationship is at the heart of a faith community, and this will help us all to make connections and deepen them. Watch for your invitation with more details!

- September 27 Sessions I & II - Grade 9
- October 4 Session 1- Grades K, 1, 2, 3
- Session II - Grades K, 2, 3, 10-12
- October 11 Session I - Grades 6, 7
- Session II - Grades 4, 5, 6, 7
- October 25 Session I - Babies, 2's, 3's, 4's, Grade 4
- Session II - Babies, 2's, 3's, 4's

Want to Get Connected to a Few Other Families with Children and Youth?

This year we will be offering opportunities to be part of a “Family Triad,” an informal way for your family to get to know two others. It works this way: three families will be matched together with the goal of getting together three times over the course of the RE year. Ages of the children/youth will be one factor used to make the “matching.” Each family will be responsible for organizing one “gathering.” The gathering could be a backyard picnic, a hike, an afternoon at the zoo, dinner, or whatever you decide is easy and fun. This is meant to be an easy, low stress way to meet and enjoy others. More info on how to sign up will be sent in late September to families with children and youth registered in RE. In the future, the program may also include families and individuals without children!

Children and Youth Worship Associates

This year we are formalizing ways to offer leadership and participation in Sunday morning worship in the sanctuary to children in grades 2–6 and to youth in grades 7–12. Opportunities may range from readings to ringing a chime, from lighting a chalice to designing a cover for an order of service or artwork for the “big screen,” helping to welcome/greet and more. Information detailing these opportunities and how to sign up will be sent to those in Grades 2–12 in September! Want to know more? Contact Susan Archer, our Minister of Religious Education.

Youth Notes

Youth Activity Group* Has Started Its New Year

(*Formerly the Junior High Youth Group) Our fall schedule will start Manna Food packing on Tuesday, September 29. This is our long time service project and students earn MCPS service

hours—watch for an announcement soon. The trip to Gettysburg, PA has been rescheduled for October 17 and 18. Before that we have our annual Retreat to Camp Tockwogh on the Eastern Shore. The Retreat is one of the most memorable events of the Cedar Lane youth. We hope you will plan to join us the weekend of October 3 & 4, an announcement will be in the mail soon.

September

29 Manna Food Packing

October

3/4 Retreat to Camp Tockwogh, Eastern Shore

17/18 Gettysburg, PA Trip

24 River Rafting in Front Royal, Virginia

November

21/22 Hiking trip in West Virginia w/ Chris Mauro

December

11 Pizza & Movie either at Church or the mall/cinema

24 Ushering for afternoon Christmas Eve Services

29 Manna Food Packing

January

22 Pizza & Movie either at Church or mall/cinema

February

7 Super Bowl Party at Church

26/28 Ski Trip to Seven Springs Resort, PA

The Youth Activity Group is open to 7th and 8th graders at Cedar Lane. If you have any questions about the Group or its activities, contact Susan Archer, John Daniel (301-946-5509) or Kim Clarkson (301-587-3051).

Senior High Activity Group

For information on the Senior High Activity Group (grades 9-12) contact Archene Turner at 301-493-8300 x205, aturner@cedarlane.org or archene@gmail.com. A letter to senior highers and their parents with an activity schedule has been e-mailed and snail mailed to participants. If you have not received this information, please contact the RE office.

Upcoming events: September 19/20 Camp Tockwogh Retreat

Young Adults (Ages 18-35)

The UU Young Adults of Maryland (UUYAM) group plans activities for local UU Young Adults. Visit <http://groups.google.com/group/uuyam> to join the UUYAM e-mail list and view schedule of upcoming events, or call Tama Yarina with questions at 906-281-2537 or tryarina@gmail.com.

For resources and information on Joseph Priestly District (JPD) Young Adult events, visit the JPD Young Adult Network at www.jpduuyan.org.

Join other Young Adults for Brunch: Meet in the vestibule at the back of the sanctuary 15 minutes after the end of the 11 a.m. service. We will car pool to a local restaurant for lunch or brunch and fellowship.

Be sure to check out the *Adult Programs Fall 2009* brochure! There are many programs of interest to young adults. Lizzie Bryant, a registered dietician, will be leading *Nutrition on the Fast Track*. The first session will explore basic nutritional information and ideas for providing nutritious meals with minimal time in the kitchen. In the second session, some time will be spent in the kitchen concocting a delicious and nutritious lunch to share. Saturdays, November 21 and December 12, 10:30 a.m. to noon; These dates are a correction to the brochure. Pledgers \$10; non-pledgers \$15. Register through Adult Programs. The brochure and registration information are also on the web: www.cedarlane.org.

Around the Church

Missing Time With Little Ones? Far from your own grandchildren or wishing for some? **We have a need for loving adults to be part of a rotating team at our 11 a.m. RE session**, from mid-September to mid-April. Because we are building a rotating team for these babies and preschoolers, you would not have to commit to every Sunday. You would always be one of at least two adults (more if attendance grows) with the group. It is a gentle and rewarding experience. Please contact Susan Archer to find out more.

Alternative Giving Nominations Open

The Cedar Lane International Concerns Coalition (CLICC; formerly the Global Task Force) is inviting congregants to nominate a worthy international project meeting specific criteria.

- The project must support a specific international concern, not a broad international concern (e.g. ,to feed hungry children in a town in Guatemala, not to support world hunger).
- Donated funds go to support the specific needs of individuals and not an organization (e.g., to Organization X to pay for the purchase of solar lights, not to Organization X to support its programs).
- Because the ICC is a coalition, it is expected that a nominee be willing to help implement the Alternative Giving Program should the nomination be approved for inclusion in the Cedar Lane Alternative Giving catalog.
- Nominations from religious education classes and youth are encouraged and welcome. We have included RE social justice projects of an international nature for the past two years. Come by the lounge after September services for more information and to pick up a submission form, or contact Annette Scarpitta (annettecedarlane@spamex.com).

Driver Needed for Martha's Table

For many years Cedar Lane has contributed about 700 pounds of food each month to Martha's Table in DC. About half of the food is delivered downtown on the second Tuesday of the month, and the other half two days later. Ernie Carlson is our Thursday driver. We urgently need a Tuesday driver, beginning October 13. If you would like to volunteer for this worthwhile endeavor, please get in touch with Karen Lerner: 301-320-4811 or karenb.lerner@comcast.net.

Tutors are needed at Kensington-Parkwood Elementary School to help 3rd and 4th graders with their homework. These are kids who are staying late after school to become better students. This is the second year for this successful program which with your help is being expanded from five tutors to ten – under the guidance of Ms. Lo Daigerman, a highly regarded school counselor. If you can give from 3 to 4:30 pm on Tuesdays and Thursdays starting in October, please contact Nancy Janssen at nancyjanssen@peoplepc.com or call 301.588.1488.

All are welcome to join us for **Newcomer Talks**
every Sunday after worship services.
Become a member of Cedar Lane UU Church at a **Second
Sunday Signing** after services, or by calling Andy Streich,
Membership Coordinator, at 301-493-8300 ext. 301.

[WEB CONFERENCE 2009 Growing Community- Seeding our Electronic Garden](#)

A **FREE** meeting for web beginners to web masters on exploring ways to use networking devices, programs, and products for personal and congregational development, retention, organization, programming and outreach.

SATURDAY, SEPTEMBER 26, 2009 Cedar Lane Unitarian Universalist Church 9 a.m. - 12 p.m. (optional networking time afterward)

Registration, breakfast, lunch and child care is FREE! Choose one session or bring 4 friends so that all sessions can be shared !!!

1. Sharing Best Congregational Web Practices
2. Regional Web Cooperation
3. UU Twitter and Facebook
4. YUUR church website
5. YaYA (Youth and Young Adult) Connections

General session- Church without walls: All attendees will explore together the concept and realities of growing a web-based church.

Opening and closing worship with Rev. E. Scott Sammler-Michael

For more info and to register online go to <http://liftingup.org>.

[Breakthrough Task Force](#)

Is Anyone Out There Listening?!

The Breakthrough Task Force is listening and we want to hear from you... Let's Look at Cedar Lane in a New Way. Please join us on October 17, for a day devoted to listening, sharing, discovering, and dreaming. You may have heard of the Breakthrough Task Force and our charge from the Board to engage the congregation and learn what about Cedar Lane matters to YOU! Over the past year, we've talked to groups and committees, but since this represents just part of our church community and we want to include as many voices as possible, we're holding a church-wide session...

We will listen and explore your thoughts on:

- * Cedar Lane's strengths and how we can build on them,
- * Help vision where you want to see Cedar Lane in 5 years,
- * What you like and what you would like to see in worship, RE, social justice, governing, grounds, music, and any other area of congregational life that is important to you.

This is an opportunity for you to share your views, provide your input and have your voice heard. It will be an energetic and thoughtful time of sharing ideas in welcoming community.

When: October 17, starting at 9 a.m. in the Sanctuary

Register: Call the church office at 301-493-8300

E-mail: breakthrough9601@gmail.com

Kiplinger Lecture

Who Is He?

He's been a lawyer (6 years), a minister (3 years), a fulltime law professor (14 years), a theology and religious studies professor (9 years). Two universities have given him teaching awards, and he's been ordained as a UU minister. Who is he? He's the 2009 Kiplinger Lecturer—Paul Rasor.

He'll be here Saturday, November 21 at 2 p.m., to talk with us about whether the use of military force is ever morally justifiable. Register through Adult Programs; \$10, students free.

Connections

Coming soon—Connections, a short-term group starting October 18

A Connection Circle for new members and those seeking new connections in the Cedar Lane community. This is a way to get to know people in a safe and caring environment. To find out if you want to join, please talk to Heather Janules, Michael Thoryn (Committee Chair), Andy Streich (Membership Coordinator), or any member of the Connection Circles Committee. We can answer your questions! If you are already convinced, signup in the lounge (or fill out the form available on-line) during Adult Programs registration.

Heather – hjanules@cedarlane.org 301-493-8300 x204

Michael – michaelthoryn@verizon.net 301-946-3276

Andy – astreich@cedarlane.org 301-493-8300 x301

First meeting Sunday, October 18, 12:15 to 2:00. Then twice a month on first and third Sundays until April 18.

Where: the Covenant Room in Chalice House, upstairs on the left.

Initial facilitators: Heather Janules and Michael Thoryn

Topics: We will focus first on what gives meaning to our lives - friendship, family, hope, faith, gratitude. But it's flexible—after the group settles in, members can choose topics. Meeting time and place can be changed by members after the group is formed.

Social Justice Council

Green Tip-Non-Chlorine Bleach as a Disinfectant

"The antimicrobial effectiveness of non-chlorine bleach depends on the active ingredient, the conditions of use, and the microorganisms being targeted. Many non-chlorine bleaches, including ours, use hydrogen peroxide as an active ingredient, which is able to kill microbes when used at appropriate concentrations and applied in appropriate ways. Proper use of an antimicrobial is key to its effectiveness. That is why products registered for use as antimicrobials contain specific instructions that must be followed for the product to be used safely and effectively..." "Before buying any disinfecting or sanitizing product for your home you should ask yourself if eliminating microbes is absolutely critical.[1] In cases where food is involved or there is someone with a delicate immune system, eliminating microbes is important.[2-3] Otherwise, using a non-antimicrobial household cleaner may be a better option as disinfection or sanitization may not provide a health benefit." <http://www.seventhgeneration.com/learn/ask-science-man/question-skeefe>

Celebrations of Life

A service in Celebration of the Life of Martha "Tommy" Miller

will be held at Cedar Lane Saturday, September 19 at 4 p.m. Contact Mollie Thorn to RSVP for the reception: mollie_thorn@comcast.net.

A service in Celebration of the Life of Margaret Bingman will be held at Cedar Lane Sunday, September 20 at 2 p.m. Contact Annette Olmert to RSVP for the reception: annette@mortgageadv1.com.

And Beyond Cedar Lane

Looking for your inner dancer? The Cedar Lane Dancers have existed for 50 years under the leadership of Joan Shannon. This group is open to Cedar Laners and others. Some of you may have been among the earliest attenders. Please come join us on Tuesday evenings from Oct. through May at 7:00 - 8:30 p.m. as Marcy Kraft and Joan Shannon teach class. This is a warm, congenial class where minimal dance experience is required. A year or two of Modern or Ballet at some point in your life would suffice. This class hopes to benefit both body and soul. Please come join us as we dance create and share a warm accepting class experience. For further info contact Marcy Kraft (mkraft5960@comcast.net).

Montgomery Health Care ACTION

River Road Unitarian Universalist Church
6301 River Rd Bethesda, MD 20817

To bring about the health care reform our country and economy so desperately need, the Obama Administration is calling on concerned citizens and grass roots organizations across the country to get moving. We are answering President Obama's call. MHCA will host a town hall meeting entitled "Reaching for Health Care Reform" at River Road Unitarian Universalist Congregation on **Sunday, September 20 from 4-6 p.m.** We will bring together as many citizens, health care advocacy groups, members of the faith, medical and business communities, experts and the media, as we possibly can. We already have acceptances from Congressman Chris Van Hollen and Lisa Codespati, Senior Advisor on Health and Reproductive Rights at the National Women's Law Center. Join us if you can on Sunday, September 20, to help educate the reform community on the national state of play and especially, to help boost us into further action. It will soon be high noon for health care reform in our country. MCHA stands ready to add our passion and energy to this struggle for the health of our nation

Week at a Glance

Sunday, September 13

8:30 am Attitudes Toward Living
9:00 am Worship Service
10:00 am Adult Programs Prep
10:10 am Sunday Morning Forum
11:00 am Worship Service
12:00 pm LGBT Task Force Retreat
12:15 pm Forum Committee
12:30 pm Senior High Ingathering

Wednesday, September 16

1:15 pm Aging Support with Heather
2:00 pm Organ Practice
7:00 pm Gruppo Piccolo
7:30 pm Adult Choir
7:30 pm Quilting
7:30 pm Adult Programs Committee

Monday, September 14
10:00 am Science and Religion
6:30 pm Continuing Yoga
7:30 pm Facilities Committee

Tuesday, September 15
8:00 am Newsletter Prep
10:00 am Quilting
10:00 am Bridge
12:30 pm Staff Meeting
6:30 pm Cancer Support Group
7:00 pm Adult Programs Book Group
7:30 pm Board of Trustees

Thursday, September 17
9:00 am Organ Practice
10:00 am Alliance Board Meeting

Friday, September 18
10:00 am Library Committee
1:30 pm Living with Mental Illness

Saturday, September 19
8:00 am Living by Heart 1
2:00 pm Memorial Service:
Anne Steele Wright
4:00 pm Memorial Service:
Martha "Tommy" Miller
7:30 pm UU Singles Movie

Sunday, September 20
9:00 am Worship Service
9:00 am RE
10:10 am Forum
11:00 am Worship Service
11:00 am RE
2:00 pm Memorial Service: **Margaret Bingman**

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Sara Deshler
Church Administrator
Cedar Lane U U Church
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